Holy shit.

Growing pains.

I’ve been home for almost 12 days now… it feels like it could have been years! (lol)

In all honesty, I love my family - and so I’ll stay here. But *man* it’s been rough on me.

I am back to smoking consistently again.

I want to overeat all of the time.

I feel super stressed and I lash out at others because I’m feeling overwhelmed.

Phew- I need to breathe.. I’m getting worked up just sitting here.

I’m high right now. It’s 2:05 pm.

Maybe Matt was right - this is my Saturn period and it will definitely take some adjusting. I wonder what I have to do to overcome the hardships during this planetary period.

I think if I had to guess I would say that it’s probably good for me to accept everything as it is and to make peace with what’s unfolding around me.

My mom is drinking again and Eric wants me to talk with Mom about it.

This has stressed me out and also made me a little bit angry which resulted in me going and smoking on my own and in secret…

Ugh.

My dad has been annoying me for no reason. I think that everyone else always talking so negatively about him makes me annoyed with him, but I should really hear him out and spend some time with him to get over whatever childhood emotion is coming up.

I need to stop being so hard on Eric.

I need to stop being so hard on myself.

I need to keep thinking about positivity.

I need to embrace my optimism.

Blahhhhhhhh - okay. I’m glad I got all of that out.

I have definitely been having a **hard** adjustment period.

But I know it’s just…

…. Growing pains.

To be more truthful and candid though - I am killing it.

I am spending all of my free time on my creative projects, or at least I am trying to.

I am making time for family.

I am doing my best to adjust to a new day-to-day.

I am trying to overcome unhealthy habits that present themself from my childhood.

I am trying to not be a pretentious bitch (lol)

It can be really difficult to juggle it all. Increasingly so now that I am doing drugs again and trying to actually make time to spend with my family.

I might need to set more boundaries.

Also I’m real shitty to guys. I was definitely passive aggressive with Matt and drove him away and then started treating him like the bad guy. I need to stop doing that, it’s really immature.

I spent way too long on videos that no one will ever see.

But I think that it could actually be really cool for me to get really good at the instructional videos and start doing that on the side. Actually I kind of want to try it with something….

Hmmm.

What a crazy reality I live in.

I need to chill the fuck out.

P.S. Got home on May 10th. Surprised everyone in the family! Pulled it off :)